



ACTIVITIES

My golden heart

1. The Golden Heart Mission

Each child gets a “mission”:

- To help a friend
- To say a kind word
- To do an act of kindness at home.

2. Give the children a paper gold star or heart and ask them to write:

- A good deed they did
- A person they love.
- A power they would like to have to help others.

At the end, all the hearts can go into a big “Tree of Love”.



3. Draw your own wings.

The children draw the wings of the new hero.

Questions:

- What color are they?
- What power do they give?
- Who would they help?

4. “If I had Steph’s Golden Heart...”

Discussion circle:

- I would use it for...

- Who would I help first?
- What does it mean to be a hero?

-  5. Letter to Steph Golden Heart

Children write a little letter:

“Dear Steph, thank you because...”

or

“If I met you, I would tell you...”

6. Drama

The children are divided into groups and play:

- Steph,
- Dimi
- a person who needs help.

This way they better understand the emotions of the characters.

7. “New Guardians of the Golden Heart” Ceremony

At the end, each child receives a small certificate:

“Official Guardian of the Golden Heart”

with a promise:

“I promise to use my own golden heart to bring love, hope and kindness to the world”

8. The “Golden Heart Capsule”

Each child writes on a piece of paper:

“Who do I want to give love or help to this year?”

The papers are put in a box and opened at the end of the school year.



9. The Key to My Power

Dimi took Steph's powers. The children make a paper key and write:

What is my superpower?

- Kindness?
- Friendship?
- Courage?
- Imagination?

This way they understand that everyone has a "superpower".



10. The Ceremony of Passing On

Just as Steph gave his heart, each child gives a paper golden feather to a classmate and says:

"I give you this feather because you are..."

(brave, good friend, helpful, etc.)

It is a very powerful activity for self-esteem.



11. The Map of Good Deeds

You make a large map or poster.

Every time a child does a good deed, they stick a gold star on it.

Goal:

“To fill the world with the light of Steph Golden Heart.”



12. Write the sequel to the movie

Ask them:

- What happened next?
- What did Dimi do with the powers?
- Did Steph ever come back?

13. Find the next Guardian

- You show different situations:
- A child helping a friend
- Someone defending a weak person.
- Someone sharing their food

You ask:

“Which one of them deserves to get the Golden Heart?”

This opens up a great discussion about values.

14. Leave a Golden Feather

Each child takes a small golden feather and leaves it somewhere at home or at school along with a message:

“Someone believes in you.”

